



# Claimant Resource Guide: Unaffiliated Parties

## Relationship Violence and Sexual Misconduct Policy

REPORTING RESOURCES	NATIONAL CONFIDENTIAL HELPLINES	NATIONAL ADVOCACY RESOURCES
<p><b>EMERGENCY</b> <b>Police, fire, ambulance:</b> <b>9-1-1</b> Available 24 hours</p> <p><b>REPORTING CRIMES TO POLICE</b> <b>Find a police station near you</b> <a href="http://policelocator.com">policelocator.com</a></p> <p><b>FILING A UNVERISTY REPORT</b> <b>Office of Institutional Equity</b> (517) 353-3922 Olds Hall Rm 4 <a href="http://oie.msu.edu">oie.msu.edu</a></p>	<p><b>RAINN-Rape, Abuse &amp; Incest National Network</b> 1 (800) 656-HOPE <a href="http://rainn.org">rainn.org</a></p> <p><b>National Domestic Violence Hotline</b> 1(800) 799-7233 <a href="http://thehotline.org">thehotline.org</a></p> <p><b>Communities United Against Violence</b> LGBTQ anti-violence organization and helpline (415) 333-4357 <a href="http://cuav.org">cuav.org</a></p> <p><b>The NYC Gay &amp; Lesbian Anti-Violence Project</b> Bilingual support for LGBTQ and HIV-affected communities (212) 714-1141 <a href="http://avp.org">avp.org</a></p> <p><b>The Network/La Red</b> Bilingual support for LGBTQ, SM/Kink and Polyamorous communities (617) 742-4911 <a href="http://tnlr.org">tnlr.org</a></p> <p><b>Survivor Project</b> Supporting intersex and transgender survivors (503) 288-3191 <a href="http://survivorproject.org">survivorproject.org</a></p>	<p><b>National Center for Victims of Crime</b> <a href="http://victimsofcrime.org">victimsofcrime.org</a></p> <p><b>National Survivor Services and Advocacy Agencies</b> List of national services and resources for survivors of sexual assault and domestic violence. <a href="http://notalone.us/resources">notalone.us/resources</a></p> <p><b>National Online Resource Center on Violence Against Women</b> <a href="http://vawnet.org">vawnet.org</a></p> <p><b>National Organization for Victim Assistance</b> <a href="http://trynova.org">trynova.org</a></p> <p><b>National Sexual Violence Resource Center</b> (717) 909-0710 <a href="http://nsvrc.org">nsvrc.org</a></p>
<b>HEALTH RESOURCES</b>		
<p><b>EMERGENCY</b> <b>Police, fire, ambulance: 9-1-1</b> Available 24 hours</p> <p><b>US Hospital Finder</b> <a href="http://ushospitalfinder.com">ushospitalfinder.com</a></p> <p><b>Psychology Today: Find a Therapist</b> <a href="http://therapists.psychologytoday.com">therapists.psychologytoday.com</a></p>		

### TIPS FOR FINDING RESOURCES NEAR YOU

*When searching for resources, there are a few things you may want to consider.*

**Am I doing this right?**

There is no correct way to seek resources. It's okay to get the help you need in the way, and at the pace that feels best.

**Is this resource for me?**

If you're not sure a resource is exactly what you need, feel free to give them a call anyway. Resource professionals are usually happy to refer you to the best place for you to get help.

**Is it confidential?**

Some resources like the police and Michigan State University's office for Institutional Equity initiate reporting processes. It is *always* okay to ask if a resource is confidential before disclosing your story.